



Online How To's

Need help getting started online? Check out these how to videos for quick tips on how to get started, edit your page, share your page and more.

Getting started videos:

[How To Register](#)

[How To Participant Centre Overview](#)

[How To Team Overview](#)

Customizing your fundraising page videos:

[How to Edit Personal Page and URL](#)

[How to Manage and Add Contacts](#)

[How to Submit Cash and Cheque Donations](#)

[How To Edit Goal](#)

Sharing your personal page videos:

[How To Send Email](#)

[How To Share on Social](#)

Using the App:

[App Overview](#)

[Adding Cash and Cheque Donations](#)

[Adjust Available Social Channels](#)

[Connect Activity](#)

[Disconnect Fitness Tracking](#)

[Edit Personal Page and Goal](#)

[Enable and Disable Touch or Face ID](#)

[Send Text, Email or Share to Socials](#)

[Track Activity and Join Challenge](#)

Need more help? Contact us at laceup@diabetes.ca

**DIABETES
CANADA**

**LACE UP
TO END DIABETES**