

Perks Partners VANCOUVER



Unlimited classes between
Sept. 24 - Sept. 30
*conditions apply



15% off juices & smoothies



One free class between
Sept. 24 - 28 at any of the
7 lower mainland locations
*call studio to reserve spot!



One free class at
Body Balance Vancouver

Free to MOVE



YYOGA

50% off ONE regular drop-in
class from Sept. 26 - Oct. 2



One free class at any studio



50% off drop-in
programs on Sept. 26
*Student Rec Centre & ARC
Fitness Facility ONLY
[https://recreation.ubc.ca/
fitness-classes/drop-in-
schedules/](https://recreation.ubc.ca/fitness-classes/drop-in-schedules/)

FIELD & SOCIAL

\$1 off salad purchase



MOVEMENT ARTS

One complimentary class
(10 am or 5.30 pm only)
*register online as "unpaid"



SPECIAL CLASS!
Movement Combo
1.00 - 1.45pm, Sept 26
***only 25 participants
first come, first served.**



50% off SINGLE CLASS
between Sept. 23 - Sept. 29
*Create account online prior to class &
use code "freetomove" to redeem.



10% off appointments
between Sept. 24 - 28

Perks Partners BURNABY



One free class



One free class at
Yoga Spirit & Wellness
*register in advance to avoid
disappointment.

TRI-CITIES



One free class



75% off drop in class

DELTA



One free class

Free to **MOVE**

Perks Partners VICTORIA



Free class between 12 - 1pm
*contact studio for further details

ALIVE
mindbody
sweat. smile. repeat.
One free class



BPM

INDOOR CYCLING INC.

Use promo code "firststridefree"
on Sept. 26



Free Day Pass 11am - 4pm
50% off Day Pass 4pm - 11pm
Redeem once between
Sept. 24 - 29

KELOWNA



One free class



One free drop-in

Free to MOVE

Extra Perks



Complimentary goodie boxes
from KIND Snacks up for grabs!



Raise \$250 or more on your
company page for a chance to win
a corporate wellness session with
Yoga on the Go

freshprep

Enter promo code
FREETOMOVE18
to receive \$33 off first order
*valid until Dec. 31



\$40 off your first order.
*Promo gift cards will be delivered
with f2m campaign kits

*Perks are available on a first-come, first-served basis and are not guaranteed.

*Visit Perks Partners websites for full details, schedules and first-time visit instructions.

*Perks available on Wednesday 26 September only, unless otherwise mentioned.