



Lace Up For 26 Challenge

Rally your team for Lace Up

Every hour, 26 people are diagnosed with diabetes across Canada. Take the Lace Up For 26 Challenge with your circle to raise funds for diabetes education, advocacy, support services, and life-changing research for everyone affected.

Our goal is to have 26 teams in each province raise \$2,600 and complete their activity challenge together.



Here's how:



Fundraise: Commit to raising \$2,600 as a team for Lace Up to End Diabetes. Every dollar raised will help fund diabetes education, advocacy, research, and support services.



Move: Choose an activity challenge to participate in as a team in the month of September.

- **Lace Up for 26-Day Challenge** - Move for a 26-day streak
- **Lace Up for 26k Challenge** - Move 26 kilometres in one day
- **Lace Up for 260k Challenge** - Move 260 kilometres in one month



Share: Tell us your story about why you're Lacing Up and which activity challenge you're doing with your team. Use **#LaceUpFor26** and tag us **@DiabetesCanada** to be featured on our website!

Lace Up For 26 Contest

Every team that raises \$2,600 will be entered to win 1 of 10 **\$100 e-gift cards for Skip the Dishes!** Use it to celebrate your accomplishment with a healthy team lunch. Learn more about the [Lace Up For 26 Contest Rules and Regulations](#).



Raise funds



Move together



Change lives

Join Lace Up to End Diabetes

Scan the QR code below to register for free today at laceup.diabetes.ca or download the Lace Up app.



DIABETES
CANADA

LACE UP
TO END DIABETES

laceup.diabetes.ca