

Bowl to Strike Out Stigma



Today 11 million Canadians have diabetes or prediabetes. That's one in three of us. Despite this staggering fact, it remains an invisible disease, hidden behind much misunderstanding and misconception. Spare some time to help raise funds to strike out the stigma associated with this disease! Show people living with diabetes they are not alone.

It's as easy as 1-2-3!



- 1 Register a team and get things rolling
BowlforDiabetes.ca
- 2 Start FUNraising in May to earn great incentives and prizes
- 3 Be creative, have a ball and bowl your way from June 1 – 30, then share the fun using **#EndDiabetes** and **#StrikeOutStigma**

Every dollar raised is a strike to End Diabetes!

#EndDiabetes #StrikeOutStigma
BowlforDiabetes.ca

DIABETES
CANADA

END
DIABETES

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Incentives and Prizes

- Raise \$250 per person and get a retro bowling shirt
- Top three fundraising teams receive trophies (and bragging rights)
- The top individual fundraiser will receive a pair of striking, personalized bowling shoes

Diabetes Canada staff are here to help ensure that your game plan is going smoothly.

**Registration and FUNraising opens May 1.
Plan to bowl June 1 -30!**

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